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JUNE 2009 $4.50

JULIA KOCH
Patron Power
Kenro Izu went to Cambodia to photograph its temples. Then he built a new one—dedicated to helping children.

BY JOHN CANTRELL
Photographs by KARL GROBL

Izu today at the favorite Angkor temple, Ta Prohm, and (right) a photograph he took of it in 1993. He was documenting the ruins when he saw the plight of the country’s youth and came up with the idea for the Angkor Hospital for Children.
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from a dying child? In front of me, in a tiny wheelchair, is a two-year-old boy whose bulging eyes are echoed by his distended stomach, which puffs out the fabric of his thin white shirt like a balloon trying to float away. In the space between his stomach and his eyes where there should be a body, there is instead just the sketch of a frame; he’s a stick figure come to life, but perhaps not for long. From beneath a blue baseball cap sitting sideways on his head, he stares at me, unseeing, and although I know I shouldn’t, I stare back, taking in his slow breathing, his stillness. “Malnutrition,” his mother explains from behind the wheelchair when asked what he suffers from; she is twenty-three but looks thirteen.

It is early on a hot morning, on a day that will crawl into a stifling afternoon, in the town of Siem Reap (population 140,000), in northwestern Cambodia. Already the blades of the five ceiling fans in the small open-air waiting room of the Angkor Hospital for Children (AHC) are no match for the heat, yet no one in the crowd of two hundred or so men and women sitting on the plain wooden benches beneath them seems to notice. They have much more on their minds than the weather: their children—at their sides, in their laps, tugging at their hands—are sick and need help. To look at the majority of them, you wouldn’t know it; illness can be invisible, and poverty, unfortunately, can be picturesque. Dark-haired and dark-eyed, sometimes dressed in fluffy pajamas bright with images of koala bears or cartoon characters, many are absolutely beautiful as they scamper across the tiled floor or doze in the crook of a father’s skinny arm. But here and there are
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children in obvious trouble: an eight-year-old boy who, already mute, is now losing his eyesight and keeps falling down; and nearby, the little boy in the wheelchair, who will perhaps never get up again—his mother, who brought him from a village five hours away, the Japanese-born Izu, now sixty but still boyish, is by turns exuberant at, proud of and humbled and shocked by AHC’s success. “This is way beyond what I envisioned,” he says on the eve of events that will be attended by the Cambodian deputy minister of health, the American ambassador and more than 100 supporters from Japan, Australia, Canada and the U.S., AHC’s biggest donors. “I am just amazed.”

I am, too, but not only by the hospital. While doing stories for Town & Country, I’ve observed scenes of extreme deprivation in India, Nepal, Egypt and other places, but usually there were indications close by of a significantly higher standard of living. On this, my first trip here, it doesn’t take long to register that in Cambodia, where nearly one-third of the population of fifteen million people are trying to survive on less than $1 a day, there are relatively few such signs; almost everyone, especially in the countryside, appears to be destitute or not far from it. If you want a new perspective on the term economic crisis, a visit here will give you one. When we stop by his house, even my private tour guide, twenty-three and very well-educated, with a good command of English and a comparatively high-paying job, turns out to have only two shirts besides the one he is wearing. I have more stuff in my shoulder bag for the day than he has in the small pile of possessions that amount to everything he owns. A few hours later, back at AHC and walking past the small operating room where more than 10,000 surgeries have been performed in the past decade, then touring a nearby ward where 80,000 children have received emergency medical treatment, I feel certain that there are saints in Siem Reap. To see the good that so many people are doing in the midst of so much bad is profound.
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more recent past. One is Tuol Sleng, the school that served as a prison and torture center in the 1970s, when the fanatical communist leader Pol Pot sought to exterminate the educated and professional classes and transform the nation into an ultra-Maoist agrarian society. The other is Tuol Sleng’s gruesome complement, the mass graves at Choeung Ek, just outside the city, where, as at other such places around the country, Pol Pot’s Khmer Rouge soldiers finished off their targets. Today these grounds are known worldwide by the name a survivor coined for them, which became the title of the Academy Award-winning movie about the period: The Killing Fields.

By contrast, Angkor (“city” in Khmer) represents the heights that Cambodian civilization once reached, not the depths to which it fell. War, weather, vandalism, colonialism, tourism—all have taken their toll, sometimes heavy, on the immense stone edifices, which are in various states of repair or ruin. And yet the temples’ walls, lined with legend-bearing reliefs so detailed they’re like braille, and their towers, studed with images of gods, demons and animals, signify awesome human accomplishment. Even if it stood on its own, Angkor Wat (“city temple”), the park’s largest and most famous structure, would provide a never-ending lesson in the riches of a bygone Khmer culture.

But no matter what Angkor’s temples say about Cambodia’s past, it is places like AHC, a modern-day temple, that most effectively convey the country’s present. By the time Pol Pot was overthrown, in 1979, 1.7 million people—one-fifth of the population but especially the educated class—had been annihilated; legions more had fled. In 1975 there were, for instance, about 800 doctors in Cambodia; by 1979, fewer than fifty. The infrastructure of the country had been effectively dismantled, and those who remained lacked the resources to rebuild it.

The destitution of these survivors, now the parents and grandparents of many of the children who come to AHC, and of their families, is Pol Pot’s legacy. Uneducated peasant farmers, they live, as I saw during several long and short trips into the countryside beyond Siem Reap, in crowded bamboo houses on stilts, with no plumbing or electricity and in close proximity to trash, sewage and animals. It is no exaggeration to say that “poor” would be a step up for the majority. Nutritious food, decent hygiene, basic health care, family planning—none of these seem a possibility in the near future. And yet AHC embodies the efforts that hun-

Parents prepare meals for their children at a cooking pavilion donated in part by Japan’s Inoue Foundation.

Most visitors don’t, of course, come to Siem Reap to encounter the kind of want that makes philanthropy necessary. Five miles north of the town’s honky-tonk center—whose half-paved, half-dust streets are lined with ramshackle restaurants and bars—lies the reason that two million travelers arrive each year, the main entrance to the Angkor Archaeological Park. The biggest destination in the country by far, it draws Buddha-loving backpackers, retired couples with adventurous streaks and tourists of every type in between. Covering 150 square miles, Angkor is the largest religious archaeological site on earth, with hundreds of monuments and, most notably, about two dozen fortresslike temple compounds where the kings of ancient Khmer (Cambodia) worshipped and ruled from roughly 800 to 1400.

Two hundred miles south, the capital of the current day, Phnom Penh (population one million), is home to two monuments of a different kind, terrible testimony to the country’s
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“My worldview is that individuals should matter to each of us, regardless of their nation or state. As moral people, we should go and help.”

WILLIAM HOUSWORTH, M.D., AHC executive director
At the Sot Nikum hospital, where this girl was photographed on a bed in the HIV/AIDS ward, there is little electricity, equipment or treatment available—a dire situation that the pediatric center AHC is constructing there will address.

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GIVING AND GOING: HOW TO SUPPORT AHC

Miracles don’t have to cost a lot. AHC treats more than 115,000 patients a year on an operating budget of only $2 million. To provide children with services at virtually no cost, the hospital relies on the generosity of donors from all over the world. (It benefits from their ingenuity, too. Once a year a group that calls itself Hairstylists Without a Border—ten salon professionals from New York City and Japan—visits and gives the staff free haircuts.) Among the ways you can join in: Donations: One time donations of any amount can be made directly to Friends Without a Border; the parent organization of AHC (3123 Broadway, Suite 1210, New York, NY 10025; 212-691-0909; fwab.org). For those who would like a closer association, annual memberships start at $50. To give would-be donors an idea of a contributor’s value, AHC estimates that a $100 gift will cover the cost of treating seven children; $5,000 will pay for a day’s operation of the entire hospital. More examples can be found at fwab.org. Books and Photos: Ken- to Izu’s Passage to Angkor (a follow-up to his original collection of Cambodian images, Light Over Ancient Angkor) features sixty-seven temple photographs and is available via fwab.org—and 100 percent of its $65 purchase price goes directly to Friends. In addition, Izu continues to offer platinum/palladium prints of his Angkor photos at the discounted price of $1,550, with all proceeds benefiting Friends. Other photography-related items are also available online. Events: Friends holds fundraising dinners and other gatherings throughout the year in various countries, including Japan, Canada, France and the U.S. Its signature event, the Friends of Friends Photography Auction, is held every December in New York City, with many preeminent artists past and present (or their representatives) contributing works for sale via live and silent biding. Recent auctions have included prints, often signed or from limited editions, by Richard Avedon, Walker Evans, Martin Munkácsi, Hiro, Elliot Erwitt, Lynn Davis, Hiroshi Sugimoto, Amy Arbus and Steve McCurry.

How to Visit AHC:

Opened in late 2008, AHC’s glass-walled visitors’ center is the first green building in Cambodia. Designed by the New York firm Cook & Fox Architects, it’s an information desk, art gallery and gift shop all in one. Photographs, a video and other items on display tell the hospital’s story, while the center’s rear wall looks directly across to AHC’s entrance and waiting area—where the story begins for patients.

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Losing It All  
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silver serving tray that had been in my family for three generations.

Over the ensuing months, I experienced many acts of kindness, however, ranging from the young demolition worker who helped me recover every piece of my silver flatware from the fetid pile to the family and friends who gave me shelter in San Antonio, Austin, Houston and higher parts of Galveston. Within a few weeks of the storm, just shortly after electricity was restored to her own house in Houston, a friend sent out an all-points bulletin to her network of girlfriends, calling for handbags and for clothes and shoes in my sizes. Stored in the closet off my mezzanine-level guest room, my cocktail and evening dresses were high and dry, but my business and weekend clothes, as well as my shoes, bags and lingerie, had been ruined. The flood had also inundated my beloved white-over-yellow Mini Cooper. I had lost the essentials I needed to function.

Ironically, the generosity of these friends-of-a-friend, women I didn’t know, has left me more fashion forward than I was before, my Coach purses replaced by Cartier and Ferragamo. I never would have bought that skirt with the asymmetrical hem or those cropped pants never would have bought that skirt with the asymmetrical hem or those cropped pants.

Recovery is taking longer than anyone expected. We thought we’d be back in our homes by Christmas. Now some Galvestonians are camping out, with one functioning bath and no kitchen, while others, myself included, dream of being back by summer. But no matter: today I have a deeper appreciation of the importance of people and relationships and the relative unimportance of possessions, even heirlooms. And being on the receiving end of largesse has given even me, a professional fundraiser, a new perspective on philanthropy. Whatever the form, whatever the size of a gift to strangers, at the heart of the impulse is empathy, a concern for others that, yes, fills a practical need and helps realize a vision but more essentially connects us to our common humanity. I wear reminders of that every day.

Opening the Way  
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has never confirmed the amount of money these gifts represented, and considering his modesty it’s unlikely he ever will, but in sum the value of the works he’s contributed to Friends is probably more than $1 million. And he continues to sell individual prints of all his Angkor photos for the below-market price of $1,550 each, with the full amount going directly to the group (see “Giving and Going: How to Support AHC,” page 122).

Today the hospital inspired by one child’s death has provided care to children on more than 650,000 occasions. At its complex of small buildings, whose number has expanded to six, a staff of 230—including twenty-five doctors and ninety-five nurses—devotes itself to its young charges. Many need only simple treatments. Because they lack good hygiene, AHC’s clients are susceptible to the most common of diseases and ailments: colds that quickly turn into pneumonia, diarrhea that leaves them dehydrated. A dose of antibiotics or a few rehydrating IV treatments, and they’re soon able to return home. But the hospital is also equipped for more-dire situations, with an intensive-care unit in addition to its operating and emergency rooms and significant training in administering HIV/AIDS drugs. Cambodia has the second-highest incidence of HIV in Southeast Asia (after Thailand), and the virus’s transmissibility to children is another cruel fact of life.

Among other facilities, there is a dental clinic, which treats about forty children a day; an eye clinic; a cooking pavilion, where parents make meals for their children; and a small garden, where parents are given advice on growing foods with high nutritional value.

Treatment doesn’t end at the hospital, either. Once a child is a patient, a remarkable home-care program allows nurses to follow up in the field in some cases, without the family’s having to return to the hospital. Tagging along with Phao Sovanna, a young nurse, on one such trip an hour into the countryside, I watch as the “rubber road” beneath our SUV turns into dirt, and then the dirt into . . . ruts? Just finding the house, set in the shade of a bamboo tree on the edge of an as-far-as-you-can-see sweep of rice paddies, is an accomplishment.

Then Sovanna gives a malnourished one-year-old girl a thorough checkup and her grandmother two bags of food, along with instructions on how to prepare a porridge that can better sustain the baby. From the meltingly hot landscape around us, almost twenty adults and children materialize to watch and perhaps learn a health-care lesson or two for themselves.

Listening later to my description of the scene, Izu nods and smiles. He fends off all accolades that come to him, but he loves hearing praise about the staff, especially now that 98 percent of its members are Cambodians, native workers having made such strides through years of tutelage under foreign professionals as well as through their own commitment to the field. An all-Cambodian staff is Izu’s goal, along with an ever-growing community of health-care workers. “We are now the major pediatric teaching hospital in the whole of Cambodia, training about 1,000 doctors and nurses a year,” he says. “They come for a few months, then go back to the countryside, to their small clinics or government hospitals, and they are already better doctors and nurses.” Instead of expanding the current hospital, he’d rather see its practices and philosophy spread throughout the country. “Even if we had 100 beds, or 1,000, we would never have enough. The children will always outnumber us. Besides, for a charity hospital, more beds, more patients—it means more expenditures and fundraising. What’s important is the people working here, not the fancy equipment—the skills, the level of care. If we give Cambodians knowledge, that is what lasts and what can really help.”

Like its namesake temples, Angkor Hospital for Children is built to endure for its children. And to keep its promise to one in particular.