MESSAGE FROM OUR FOUNDER

Dear Friends,

Compassionate care has been the hallmark of Friends Without A Border since the day we opened a small hospital near the sacred Angkor Wat temples in Cambodia two decades ago. We recently celebrated the 20th Anniversary of the Angkor Hospital for Children and the success it has had in providing that high level of care. We are thankful for your support and that of so many others who turned the dream for such a hospital into a reality. AHC is now the premier pediatric teaching hospital in Cambodia, treating an average of 500 children every day.

We are currently replicating the AHC success story in northern Laos, where we opened Lao Friends Hospital for Children in 2015. Our proactive blueprint of treatment, education and prevention, which served us so well in Cambodia, now guides our medical practice in Laos.

The dedicated doctors, nurses and staff at LFHC are treating more and more children every year. They currently see an average of 100 patients every day. This growing demand for medical services poses many challenges to LFHC, but it also testifies to the critical need for our pediatric hospital in the region.

It’s important to note LFHC’s role as a teaching hospital. Doctors, nurses and other specialists from countries spanning the globe are volunteering at the hospital and training a new generation of Lao health care professionals. Together, they are helping to create a healthier future for northern Laos.

I’ve seen the incredible life-saving work being done at the hospital. I’ve watched nurses lovingly cradle newborn infants in our Neonatal Unit – babies who clearly would not have survived without their care. I’ve seen skillful doctors relieve the pain of injured children. I’ve seen the grateful smiles of parents whose malnourished children grow stronger because of the hospital’s nutrition project.

The LFHC staff treats their patients as if caring for their own children. And they do this at no cost to the families of their patients. Astonishingly, LFHC provides this high level of care with modest financial resources.

I truly want you to know that your support makes a difference every day in the lives of the families who come to our hospital.

It is my pleasure to share with you our Annual Report for 2018. You’ll see that we’ve accomplished so much. Yet there is so much more that needs to be done.

Sincerely,

Kenro Izu
Founder and Honorary President

WE BELIEVE EVERY CHILD HAS THE RIGHT TO A HEALTHY AND LOVING LIFE.

Friends Without A Border will accomplish this by providing high-quality, compassionate medical care to the children of Southeast Asia, by creating community health education programs and by training local health care professionals.
MESSAGE FROM THE EXECUTIVE DIRECTOR OF LFHC

Dear Friends of LFHC,

During the Ebola outbreak in 2015, my boss’s boss preached that to effectively treat patients, beat back the pandemic, and rebuild the health system, we would need the 4 S’s — all the right Staff, Stuff, Space, and Systems.

Having worked in a dozen countries, I can say with full confidence and pride that I’ve never been anywhere that does the 4 S’s better than Lao Friends Hospital for Children. Thanks to the extraordinary work of our Lao and international staff and built on foundations developed by visionary donors worldwide, I see every day the big victories and small triumphs only possible when the 4 S’s are firmly in place.

Our Staff include 130 talented and inspiring doctors, nurses, logistics, technicians, and more. Each of them is achieving greater independence, competence, and success in becoming a better health care provider. Nurses are demonstrating independence as shift leaders; doctors are successfully performing lumbar punctures without any assistance; nutritionists are developing complex plans for malnourished children, balancing challenging social and biological factors to maximize recovery.

The Stuff we use is improving. Critically ill children now get CT scans; our pharmacy formulary is expanding; our laboratory tests are improving; 4x4 vehicles help our Outreach team reach the most isolated and impoverished patients. We are keenly aware that fancy stuff costs more, so we are always looking for ways to spend more efficiently and effectively. For example, this year we will expand our therapeutic food options to include a novel fish-paste based cracker that Lao children like better than the traditional peanut paste, thereby improving compliance and increasing malnutrition recovery rates — at a lower cost.

Hospital Space needs to be welcoming and nurturing, conducive to safe and effective patient care as well as medical education. Undoubtedly, the past year’s highlight has been the opening of our new Neonatal Unit in October 2018. We also have expanded space for our growing thalassemia clinic, where 30 children per week now receive their blood transfusions in an unintimidating room full of toys, games, and crafts.

We are constantly improving our Systems for providing better health care. The last year has been marked by a renewed effort to strengthen our clinical practice guidelines, morbidity & mortality reviews, infection control, and collaborations with Provincial Health on neonatal resuscitations, better HIV and TB care, and community outreach. A spirit of continuous quality improvement permeates the hospital.

Put together, the right combination of the 4 S’s is helping LFHC provide outstanding care for the children of northern Laos while also training the best health care providers in the country. We are proud of our growth and development over the past year, but also recognize we have growing pains ahead.

Thank you for all you do for LFHC.

Sincerely,

Indi Trehan, MD, MPH, DTM&H, CTropMed, CTH, FAAP
Executive Director and Medical Director, Lao Friends Hospital for Children
Associate Professor of Pediatrics, Washington University in St. Louis

MESSAGE FROM OUR EXECUTIVE DIRECTOR

Dear Friends,

During 2018, LFHC increased its caseload, bed capacity and the complexity of care we offer, but our accomplishments go way beyond these numbers. LFHC made significant strides towards its long term sustainability by working more closely with the Provincial Hospital and initiating ongoing conversations with the Ministry of Health, as well as growing our reputation and donor base. In 2018, FWAB held its largest New York gala, almost doubling our event gross from previous year. We held our first (and most financially successful) event in Los Angeles in ten years. We increased the profits from our Lao gala almost tenfold as we honored Her Royal Highness Princess Beatrice of York. We grew our Hong Kong base with our second annual gala and initiated planning for our first Singapore event.

Importantly, FWAB also made lots of new friends in the Vientiane area. Late 2018, we started gathering a group of influential business leaders to assist us in promoting Lao Friends Hospital for Children. This new committee, Friends of Friends, is holding its first event in June 2019. Friends of Friends is the most appropriate name and truly describes how our entire organization was built. Not only has FWAB been fortunate to have so many good friends like all of you, but many of you have introduced your friends to our organization and it is this ripple effect that has allowed us to treat over one million children and teach thousands of health care providers. We are hugely appreciative of each and every one of our friends and yours. You have all made a difference in the lives of children.

We truly view all of you as our partners.

With much appreciation,

Nicole Pagourgis

MESSAGE FROM OUR CHAIR

Lao Friends Hospital for Children (LFHC) celebrated its fourth anniversary at the end of January. With more than 80,000 patients treated to date, it has been an incredible journey made possible only by the generosity and efforts of thousands of donors, employees and volunteers.

The trend of significant growth in patient demand continued in 2018. As the word-of-mouth reputation of LFHC has increased and new departments that can treat more complex and specialized cases have been opened and expanded, patients and their families are traveling farther distances to seek care at the hospital. In 2018, our emergency room experienced a 240% increase in patients and our surgical operations were increased by 30%. Our Lao medical staff, supported by our expatriate team and more than 130 medical volunteers, continues to work tirelessly to manage the increasing and more complex caseload.

On behalf of every board member for Friends Without A Border, I sincerely thank you. Our original mission of providing high-quality, compassionate pediatric care to the children of northern Lao PDR still motivates us today to continue to challenge ourselves to expand the breadth of our clinical services and the reach of our educational initiatives. We hope that we can count on your continued generosity to support this critical mission for the years to come.

Matthew Magenheim
In just four years, Lao Friends Hospital for Children has achieved a reputation as an impressive pediatric teaching hospital. Growth spurts occur every year at LFHC, but 2018 proved to be a banner year in the development of the hospital’s services and standing in the Lao medical community.

The year saw an astonishing increase in caseload as more and more families sought the free, compassionate care that is the hallmark of Friends Without A Border. Our dedicated doctors and nurses rose to the challenge, treating nearly 29,000 children for issues ranging from common head colds to life-threatening injuries.

The hospital matured medically with doctors performing more complex procedures and surgeries. It grew technologically with advances in diagnostic imaging and digital recordkeeping. It expanded educational offerings for the nursing staff and continued to nurture a partnership with Luang Prabang Provincial Hospital, an effort critical to our long-term sustainability.

Applying Friends Without A Border’s model of treatment, education and outreach, LFHC is helping to shape the health-care future of an entire nation.

**TREATMENT**

The highlight in a year of significant growth was the opening of a newly expanded **Neonatal Unit**.

The hospital managed to care for a growing number of prenatal infants despite a lack of neonatal beds. Thanks to the ingenuity of the hospital’s administrators and neonatal doctors and nurses, no infant was ever turned away. Space for additional beds was found, when needed, in other areas of the facility. Newborn lives were saved. The hospital’s pledge to provide compassionate care was never compromised.

Still, the lack of neonatal bed space and the growing caseload convinced hospital administrators that something had to be done. They...
started talks with Lao health officials and representatives of the adjacent Luang Prabang Provincial Hospital, and in January 2018 reached an agreement allowing LFHC to relocate its Neonatal Unit in the former children’s ward at the Provincial Hospital. The site is just across a covered walkway from the main LFHC building.

Renovations spanned several months and were completed in October. The ceremonial opening of the new unit was a joyful event, which was made particularly memorable by the presence of Her Royal Highness Princess Beatrice of York, a granddaughter of Queen Elizabeth II.

The newly expanded Neonatal Unit has six-times more space than the previous unit, and can comfortably accommodate more than 20 newborn babies and their mothers. The unit now features a dedicated breast-feeding room and a resting room for new mothers. It also includes office space, a classroom and a rest area for staff.

Bed space, be it for the tiniest patients in the Neonatal Unit or older children hospitalized in the Inpatient Department, often poses a challenge for the staff at LFHC. Yet, no child is ever turned away. During the rainy season when dengue fever runs rampant, it isn't unusual to see extra beds in the hallway, or in the nurses' station or treatment rooms. The hospital also has a supply of fold-out cots, if needed. Last year, 2,304 children were hospitalized at LFHC, an increase of 10% from 2017.

Our dedicated doctors and nurses were extremely busy in 2018. The most eye-popping increase in caseload occurred in the Emergency Room, where 6,677 cases were handled – more than twice as many as in 2017. Hospital administrators attribute the increase to the fact that every child brought to the ER is seen by a doctor and nurse – even children with "low acuity complaints," such as a chest cold. To cope with the growing caseload, the hospital tripled the ER staff on weekends, when they treated as many as 60 children a day.

The Outpatient Department also handled a record-setting number of cases last year: 21,984 – a 40% increase from 2017. A slight increase in staffing helped the department meet the demands of a ballooning caseload, as did the staff's willingness to work longer shifts. But it was a more efficient staff that proved to be most helpful. Children brought to LFHC were quickly triaged and guided toward appropriate care, either in the Outpatient Department, the ER or one of the hospital's specialty clinics.

The Surgical Team performed 779 operations in 2018, nearly one-third more than the previous year. Some of those surgeries were performed by Dr. Kihwan Han, a Harvard-trained craniofacial surgeon from South Korea, who repaired cleft lips and cleft palates for 24 children. The Surgical Team also announced that its first Lao nurse anesthetist had graduated from the LFHC Nurse Anesthesia Program, which is recognized by the International Federation of Nurse Anesthetists.

Responding to the high incidence of malnutrition in northern Laos, the hospital instituted a Malnutrition Clinic in 2018. The hospital also completed its first full year of the therapeutic food program, which treated nearly 60 patients with severe acute malnutrition and 140 with moderate acute malnutrition. The program treats children with eeeZeePaste, a ready-to-eat therapeutic food endorsed by UNICEF. It allows families to administer the therapeutic food at home and thereby reduce the strain on the hospital's Inpatient Department.

The Thalassemia Clinic expanded and helped more than 200 children.

HELPING A CHILD WALK AGAIN

Aiy Thongsy was brought to Lao Friends Hospital for Children with a condition that doctors diagnosed as Osteomyelitis of his right leg. The condition, which is an infection of the bone, left the 10-year-old boy unable to walk. A surgical team performed an external fixation for his leg to keep his bone in line to grow properly. Aiy then began a treatment regimen of antibiotics to fight the infection. His doctors used a series of X-rays to monitor his progress.

It took some time for Aiy to become accustomed to the external fixation, which he would need for several months. While recovering at LFHC, the hospital's nutritional team addressed his malnutrition to ensure that he continued to improve. The LFHC team discovered that Aiy enjoyed attending the hospital staff's English classes! He has learned some English and has become more confident about his recovery. Some children, such as Aiy, require extended hospitalization to recover from injury or illness. However, the average length of stay for children at LFHC this year has been less than six days.
Thalassemia is an inherited blood disorder that causes anemia and can be fatal. Many patients require monthly blood transfusions. Treatment at the clinic was increased to twice a week and the staff saw 20-35 patients per week. The new clinic space, located LFHC’s new wing in the adjacent Provincial Hospital, provided much needed privacy for children as they received their transfusions. Despite the prevalence of thalassemia in Lao PDR, there are only two pediatric thalassemia clinics in the country – in Vientiane and at LFHC.

The Development Clinic also found its services increasingly needed in 2018. The clinic conducted 50 sessions, performing more than 300 assessments and therapy activities. The clinic is designed to diagnose, assess and provide therapy for children living with such conditions as Down syndrome, cerebral palsy and autism. Additionally, the hospital staff received guidance on how to recognize and manage children with developmental issues who are brought to the outpatient and inpatient wards. Once again, LFHC is the only hospital to offer these services outside of Vientiane.

LFHC became more technologically savvy in 2018. A new immunoassay machine was installed in the hospital’s Laboratory to increase its range of diagnostic testing to include thyroid hormones and ferritin levels. Thyroid problems can cause development delays in children. The capability to test thyroid hormone at LFHC has helped improve the diagnostic abilities and care provided by the Development Clinic. The ability to test for ferritin was needed by the staff of the Thalassemia Clinic. Ferritin testing allows early diagnosis and treatment of iron overload which is a severe complication of thalassemia treatment.

The Radiology/Imaging Department acquired a Picture Archiving and Communications System (PACS) last year which was installed by a team from the nonprofit organization RAD-AID. The system is shared with the neighboring Luang Prabang Provincial Hospital. Electronic images and reports are transmitted digitally via PACS, which eliminates the need to manually file, retrieve or transport film jackets, the folders used to store and protect X-ray film.

PREVENTION

The LFHC Outreach Team logged 446 visits last year to villages far and wide, including those in the more remote districts of Nan, Chomphet, Phonxay and Phonthong. At times, the outreach doctors and nurses travelled as far as 186 miles (300 km) over rugged rural roads and remained overnight in villages to ensure they cared for every family that needed help.

The Outreach staff also worked inside the hospital to help families before and after their children were discharged. The team hired a social worker to support its work, which includes counseling parents in such matters as finances and family problems. They also conducted follow-up visits to the homes of children treated at the hospital.

All outreach staff were trained as HIV testing counselors and have worked closely with HIV-positive children and their families. The staff also acted as a liaison between LFHC and the HIV clinic at the Provincial Hospital.

EDUCATION

As a teaching hospital, LFHC continued to focus on nurturing a new generation of health care professionals in the pediatrics field. In 2018, 135 doctors, nurses and care providers from across the globe volunteered their time, energy and expertise to train the hospital’s Lao staff. Morning
lectures and presentations occurred three times a week. In-depth teaching sessions for doctors were regularly scheduled and conducted by the hospital’s executive medical team. Experienced volunteers provided “on-the-job” training to Lao staff as they treated children in the wards.

The hospital initiated a new doctor orientation program last year. Five new medical staff members participated in the intensive program before beginning clinical duties. More experienced staff doctors gained valuable insights from a visiting cardiologist. As in the past, English classes were mandatory for all Lao staff.

LFHC continued to make strides in nursing education. One significant development was the creation of a pathophysiology curriculum last year. The yearlong course was completed by 31 nurses. Additionally, 41 nurses completed the anatomy curriculum, which was offered for the first time in 2017. The course spans 11 months and each month focuses on the anatomy of a different body system.

Several short courses were developed for nurses last year, including neonatal resuscitation, triage, respiratory conditions, and reading and understanding electrocardiograms, and beginning and advanced courses in information technology.

The role of expat nursing volunteers changed in 2018 as Lao nurses became shift leaders and course instructors. The volunteers began to function largely as mentors, working one-on-one with the junior nursing staff. The volunteer “buddy” nurses spent a total of 816 hours in the emergency room, 648 hours in the inpatient ward and 280 hours in triage.

LFHC has historically taken advantage of educational opportunities outside the hospital. In 2018, staff members attended the Lao Pediatric Association meeting and neurodevelopmental training at Angkor Hospital for Children. A lab technician attended a two-day training course at Chiang Mai University in Thailand. Two staff members participated in a cardiology program at Boston Children’s Hospital and the LFHC Child Life Specialist received a scholarship to study at the International School of Macau and a scholarship from the Association of Child Life Professionals.

Our organization redesigned and renovated the Friends Visitor Center last year and with the new look came a new name: Friends Gallery. As a boutique, it offers a blend of housewares, clothing, jewelry and textiles from high-end shops in Southeast Asia. Its new look features event space and spectacular rooftop views of Luang Prabang. The gallery’s goal is to encourage visitors to learn more about the hospital.

OUR PARTNERS

LFHC continued to receive support from RAD-AID, which installed PACS at the hospital and trained staff in its use. Health Volunteers Overseas continued to help recruit volunteers. The hospital also continued partnerships with Vitamin Angels and received significant support from the Ptarmigan Foundation, the Ping Franks Family Foundation and the Edward E. & Amy Chao Foundation, Moving Child, the Big Wood Foundation.

LFHC forged a new relationship with the Swiss Red Cross last year as part of the hospital’s capacity-building efforts in the country. Staff members trained Red Cross health care workers from various districts in Laos in techniques designed to promote breastfeeding among new mothers. Several other partnerships are in development for 2019.

VOLUNTEERS

As a teaching hospital, LFHC depends on doctors, nurses and other specialists from around the globe to share their experience and expertise with local medical professionals and students. During 2018, a total of 135 volunteers from five countries worked at the hospital. Volunteers spend at least a month at LFHC, though many stay longer.

Among the volunteers were 44 medical volunteers and 60 nurses, who contributed to clinical care and medical training. Fifteen anesthetic, five radiology and five pharmacy volunteers worked at the hospital, as well as three child life specialists. An Information Technology volunteer and two long-term volunteers sponsored by the Ptarmigan Foundation, the Ping Franks Family Foundation, Edward E. & Amy Chao Foundation, Moving Child, the Big Wood Foundation.

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As AHC enters its 20th year of operations, the organization reflects on two decades of delivering on its mission of improving health care for Cambodia’s children.

AHC was the first hospital built by Friends Without A Border in Southeast Asia. In 2013, the hospital became an independently funded, Cambodian-run organization.

AHC’s ethos of providing high quality, compassionate care has been a cornerstone since its founding. This extended to each of the 157,150 treatments AHC provided in 2018, from general pediatric care to lifesaving specialty services found nowhere else. To address an increasing need for secondary and tertiary services in the country, AHC prioritizes specialty care.

AHC’s focus on specialty services was exemplified in the organization’s oncology program. In a country where less than 10% of those diagnosed with cancer survive, AHC was able to offer access to world-class cancer care to almost 70 patients, thanks to unique international partnerships and the establishment of a country-wide Pediatric Oncology Network.

AHC’s impact beyond its own walls continues to expand to the farthest provinces in Cambodia. The launching of Saving Babies’ Lives in 2018 cemented AHC’s role as an influential actor in the reduction of neonatal mortality on a national scale. Over 500 school educational sessions were conducted, and a record number of first aid trainings were provided to school staff, police and commune councils – a training not offered by any other government body or organization.

Within the hospital, AHC continues to develop Cambodian intellectual sustainability through high impact training and education for nurses, doctors, students and government health-care workers. More than 1,300 course and workshop attendances were recorded last year, and a record number of nursing students received placements at AHC: 771.
THE LAKE CLINIC

In 2018, The Lake Clinic (TLC) demonstrated once again its progressive approach to delivering health care to people living in remote, isolated villages in Cambodia – those floating on Tonle Sap Lake and along the Stung Sen River.

The clinic worked with MEKOM Solutions to develop the first Electronic Medical Record System to be used in Cambodia. The clinic was selected for this pilot program in the hope that this innovative approach to managing medical records will be available nationwide within a few years.

TLC was founded in 2007 by Jon Morgan, the first Executive Director of Angkor Hospital for Children. The Clinic is independently managed. However, donations can be made to TLC via Friends Without A Border.

Each week, TLC launches two clinical teams, the Lake Team and the River Team. The teams, consisting of doctors, nurses, midwives, cooks and boat pilots, provide medical care to villages for three days.

The teams recorded 35,738 patient services in 2018, a 56% increase from 2017. The Clinic attributes the increase to the trust that has developed between patients and caregivers over the years.

Funds received in 2018 allowed TLC’s Child Health and Outreach (CHAO) program to add two additional midwives to the Community Health Team. CHAO activities last year included:

HELPING CHILDREN AT RISK OF MALNUTRITION
More than two-thirds of children 5 years old or younger are malnourished with one-third of those stunted due to chronic malnutrition. CHAO members visited the homes of these children to educate their mothers and monitor the nutrition of these children.

COUNSELING AND EDUCATING NEW MOTHERS
Mothers of young children as well as expectant mothers and soon-to-be married women participated in Mothers’ Clubs, regular get-togethers that allow them to share their worries and concerns. These meetings were facilitated by one of TLC’s midwives, who provided additional education as topics arise from the group.

EDUCATING ADOLESCENTS ABOUT HEALTH ISSUES
Outreach workers met with young teenagers after school to help them understand the changes they are experiencing. Why is my body changing? What is the difference between love and sex? What is a healthy relationship? What kind of parent will I be? These are just a few of the questions asked at these meetings.

CONDUCTING HEALTH SCREENINGS AT SCHOOLS
There are six schools, four of them floating, within the TLC catchment area. Twice each school year, TLC’s clinical staff and the CHAO team provided health screening and teaching to the students.

PROMOTING CLEAN WATER PRACTICES
Good health demands clean and safe drinking water. CHAO worked closely with households to set up and install bio-sand filters in the homes of women who sign a “promise” to use and maintain them. These installations were followed up every three months to ensure their proper use.

PLANTING SCHOOL GARDENS
Students were taught how to construct floating gardens using locally available materials. They were also provided seeds and instructions for how to care for their gardens. Many children have built floating gardens near or attached to their homes.
FRIENDS EVENTS

NEW YORK GALA
More than 300 people filled the Edison Ballroom in Manhattan on April 5 for the 16th Annual New York Gala, making the event a smashing success. Two presentations were made during the gala: the Excellence in Corporate Leadership Award to Mastercard Chief Financial Officer Martina Hund-Mejean and the Best Friend of Friends Award to longtime Board Member and former Chairman Michael Stern. The fundraiser grossed more than $465,000. The event featured a screening of “Story of Thongsy,” a video that offers a look at the amazing work being performed by the doctors, nurses and staff at LFHC.

LUANG PRABANG GALA
Lao Friends Second Annual Gala Dinner was held in October in Luang Prabang. Honorees for Best Friend of Friends Award were Henrik Juel Andersen, managing director of the Lao Brewery Company, and Dr. Somchittana Soulalay, senior pediatrician and assistant medical education director at LFHC. Her Royal Highness Princess Beatrice of York, a granddaughter of Queen Elizabeth II, attended the gala and addressed the attendees. The gala grossed about $125,000.

LUANG PRABANG HALF MARATHON
The 2018 Run for the Children Luang Prabang Half Marathon attracted 1,600 of runners from 42 countries -- including a member of Britain's Royal Family. Her Royal Highness Princess Beatrice of York donned her running shoes for the race. More than 200 volunteers worked at the event, which raised more than $126,000 for the hospital.

20TH ANNUAL FRIENDS OF FRIENDS PHOTOGRAPHY AUCTION
The 20th edition of the Friends of Friends Photo Auction proved to be a picture of generosity. The Dec. 12 event, held at The Highline Loft in Manhattan, grossed more than $160,000 for the benefit of Lao Friends Hospital for Children. More than 100 photographers donated works, which were offered at a silent online auction and during a live auction. The highlight of the evening was the presentation of the Artist of the Year Award posthumously to Mr. Irving Penn.
**MOVING CHILD**
The Munich, Germany-based nonprofit Moving Child made tremendous contributions supporting Lao Friends Hospital for Children. The founders of Moving Child, Anna Schulz-Dornburg and Gertraud Leimstättner conducted fundraising efforts and made donations that contributed $126,107 to the hospital.

**TASTE THE WORLD**
Every year, CW Asia Fund and a dedicated group of volunteers organize a wine-tasting fundraiser in Vancouver, Canada, to benefit children’s health care programs in Southeast Asia. Last year, Taste the World raised a record amount of $225,000 to support medical treatment and health education provided in Myanmar and Lao PDR. The CW Asia Fund generously gave Friends Without A Border a grant of more than $50,000.

**HONG KONG GALA**
The Second Annual Hong Kong Gala proved to be a wonderful success. The theme of the gala was “The Magic of Caring” and the event featured prestidigitation by a strolling magician. The event was held on Oct. 25 at the Renaissance Hong Kong Harbour View Hotel. The gala grossed about $86,000.

**FWAB JAPAN 2018 TOKYO GALA**
Friends Without A Border’s Third Annual Tokyo Gala, Making A Difference, was deemed an incredible success, having raised more than ¥16.8 million (nearly $150,000 USD) on Oct. 12. A grateful Kenro Izu, founder of the organization, noted that proceeds from the event were equivalent to the cost of providing free medication care to 1,500 children. He added that the event exceeded its Neonatal Fund-A-Life-line goal by raising ¥5.8 million ($51,870 USD), which would cover the hospitalization costs of 167 infants. The sold-out event was held at the Capitol Hotel Tokyo.

**FRIENDS OF FRIENDS NEW YORK**
More than 200 supporters of the Angkor Hospital for Children attended the 19th Annual Friend of Friends Event on Sept. 22 in Manhattan. This year’s event netted almost $30,000 for AHC, making it the most successful fundraiser for the hospital in recent memory, organizers said. Friends Without A Border opened AHC in 1999, the first pediatric facility built and operated by the organization in Southeast Asia. AHC became an independent, self-managed hospital in 2013.

**BOSTON EVENT**
An event in November at The Conservatory at the Harvard Faculty Club in Cambridge raised more than $34,000. The event featured a presentation by Dr. Eric Fleegler, an Emergency Physician at Boston Children’s Hospital and former LFHC volunteer. The event was hosted by Friends Board Member Dr. Jonathan Spector, a former executive director at LFHC, and his wife Marci Spector.

**LOS ANGELES EVENT**
Actor John Cho served as the special guest emcee at the May 23 fundraising event in Los Angeles. The event, which grossed more than $100,000, was held at The Spring Restaurant and featured a presentation by Dr. Greg Thompson, a former Medical Director at Lao Friends Hospital for Children. Guest magician Michael Tetro entertained the attendees in keeping with the theme of the event: The Magic of Caring.

**SAN FRANCISCO EVENT**
Board of Directors member Amy Yang hosted a fundraiser in May at the Little Gem restaurant in the Hayes Valley neighborhood of the city. The event featured an informative presentation by Dr. Greg Thompson and raised approximately $5,000 for the hospital. The affair also reconnected Friends Without A Border to several long-term supporters.

**FUNDRAISING BY FRIENDS**
Friends Without A Border welcomes fundraising efforts by our supporters. Last year, Naomi Fleegler raised nearly $4,000 in her Bar Mitzvah fundraiser for the Neonatal Unit at Lao Friends Hospital for Children. Her father, Dr. Eric Fleegler, was a volunteer at the hospital.
SUPPORTERS

$100,000+
Sherman Kassof
Denis J. Martin
Moving Child Foundation
Edward E. Stone Foundation

$50,000+
Build Cambodia
CW Asia Fund Foundation
Franke Family Foundation
Michael Stern/Bernice and Milton Stern Foundation
Ping & Amy Chao Family Foundation
Ptarmigan Charitable Foundation

$25,000+
Robert Ellis
Randall & Lynn Hutton
Ben & Edie Lowry
Bruno Mejean & Martina Hund-Mejean
David & Joan Pritchard
Michael Cioffi
Barry & Naomi Cohen
Drs. Caroline & Jorge Camuñas
Nanci & Thomas Conforti
Cushman & Wakefield, Inc
Debmar-Mercury
Gaw Capital Advisors (USA) LLC

$10,000+
Asia Brokers Asset Managers Charity
David & Tamana Chang
Cboe Global Markets
Alex & Nieves Chanthasoto
Diana Cheung
Yollanda Cheung & Rupert Chris Li
John Cho
Goldman, Sachs & Co. LLC
The Grant Family
Evan Guillemin
Dean & Sally Cashman
Mary Cheung
Barry & Naomi Cohen
Nancy Cheng, C.P.A.
Mary Cheung
Michael Cioffi
Barry & Naomi Cohen

$5,000+
John A. Bennette III
Ahmet Bereket
Nana Booker & David Lowe
Stephen Brandman
Dean & Sally Cashman
Nerou Cheng, C.P.A.
Mary Cheung
Michael Cioffi
Barry & Naomi Cohen

$2,000+
Dr. Ronald & Judith Ablow
Admerasia, Inc
Paul Alton
ANZ Bank
Himanshu Bahhuguna
Elsa Behney
Elizabeth Berman
Matt Bonding
Norman & Teresa Buchan
Dr. Steven & Suzanne Burakoff
Elizabeth Cipriano
Michael Clinton
Kathy Valko & Alexander Cook
Bashir Dawood
Dai Kham Food Products
Martin Emery
Equality and Opportunity Foundation
Reid Figel
Stefan Findel &
Susan Cummings-Findel
Tom Finke & Mami Yamamoto
Maria Fong
Andrea & Robert Forster
Lauren Friedman &
Jack Himmelstein
Maho & Seiichi Fukuyama
Timothy Gibson
Wendy Gleason
Ivan Eng Joo Goh
Deena & David Gussman
The Hampton Foundation
Melanie Hayes
Herb Ritts Foundation
Ka Sin Casey Ho
Steven Holl
David Kingsphadaphone
Dr. Varun Kumar
Adam Leitzes
HOW YOU CAN HELP

Every day, children around the world die from preventable diseases and such manageable conditions as malnutrition, pneumonia and diarrhea. The reason: they don’t have access to medical care. Laos Friends Hospital for Children is dedicated to the mission of providing free care to the children of Laos, and promises that they will not have to suffer the fate of so many other children who live in impoverished conditions in developing nations. The model of LFHC, which emphasizes treatment, education and prevention, guarantees that your support will benefit children who are in need today.

GIVE

the Gift of Life

Give a gift to support our efforts to provide high-quality health care to the children of Southeast Asia. Make an instant, secure, and tax-deductible donation online by visiting https://fwab.org/donate or give us a call at (212) 691-0909, or mail a check to Friends Without A Border.

FOREVER Friends

Become a Forever Friend by joining our monthly giving program for only 33 cents a day. To join, visit https://fwab.org/donate/foreverfriends/

HONOR a Loved One

Honor someone special with a tribute gift. Your gift can be in honor of, or in memory of, a family member, friend or colleague. Your honoree (or their family) will receive a personalized letter detailing the impact the gift has on the lives of children in need of medical care. To make a tribute gift, visit https://fwab.org/donate/tributegift or call the number above.

CREATE a Lasting Legacy

Consider including Friends Without A Border in your estate plans. A gift to Friends Without A Border in your will or living trust is a lasting investment in advancing our mission and ability to respond to future challenges. Visit https://fwab.org/donate/plannedgiving/ to create a lasting legacy.

STOCK Donations

Donating stock or mutual funds to Friends Without A Border is a tax-wise approach to caring for children in need. We encourage you to consult your personal tax advisor to evaluate your best options when making a donation of securities. Please visit https://fwab.org/donate/plannedgiving/ to make such donations.

DONATE from Abroad

We have agreements with organizations in Canada, the United Kingdom, Germany, Hong Kong and Japan to allow donors in these countries to make tax-deductible donations to support our work. Visit https://fwab.org/internationaldonation/ or email us at fwab@fwab.org for details.

START a Fundraiser

Celebrating a birthday, wedding, or other event? We can assist in organizing community events and online fundraisers to support Friends Without A Border. Visit our website for some creative ideas and links to the crowdfunding sites we recommend.
Revenues and Changes in Net Assets for the Period Ended December 31, 2018
(With comparative totals for 2017)

<table>
<thead>
<tr>
<th>Description</th>
<th>2018 Unrestricted</th>
<th>2018 Temporarily Restricted</th>
<th>2018 Total</th>
<th>2017 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>5,164,892</td>
<td>726,957</td>
<td>2,391,849</td>
<td>1,643,822</td>
</tr>
<tr>
<td>Government contract grants</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Special events</td>
<td>1,137,513</td>
<td></td>
<td>1,137,513</td>
<td>805,342</td>
</tr>
<tr>
<td>Less: direct expenses</td>
<td>(257,702)</td>
<td></td>
<td>(257,702)</td>
<td>(168,014)</td>
</tr>
<tr>
<td>Patient income, fees etc.</td>
<td>8,598</td>
<td></td>
<td>8,598</td>
<td>4,809</td>
</tr>
<tr>
<td>Sales</td>
<td>2,185</td>
<td></td>
<td>2,185</td>
<td>8,247</td>
</tr>
<tr>
<td>Collection income</td>
<td>7,092</td>
<td></td>
<td>7,092</td>
<td>5,944</td>
</tr>
<tr>
<td>Investment income</td>
<td>(94,521)</td>
<td></td>
<td>(94,521)</td>
<td>1,712</td>
</tr>
<tr>
<td>Other income</td>
<td>11,878</td>
<td></td>
<td>11,878</td>
<td>3,601</td>
</tr>
<tr>
<td>Net assets released from restrictions</td>
<td>775,372</td>
<td>(775,372)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total revenue</td>
<td>3,255,307</td>
<td>(48,415)</td>
<td>3,206,892</td>
<td>2,305,464</td>
</tr>
</tbody>
</table>

Expenses

<table>
<thead>
<tr>
<th>Description</th>
<th>2018 Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program services</td>
<td>2,349,064</td>
</tr>
<tr>
<td>Hospital support</td>
<td>359,738</td>
</tr>
<tr>
<td>LFHC</td>
<td>1,967,770</td>
</tr>
<tr>
<td>Program development</td>
<td>21,556</td>
</tr>
<tr>
<td>Total program services</td>
<td>2,349,064</td>
</tr>
<tr>
<td>Supporting services</td>
<td>2,042,220</td>
</tr>
<tr>
<td>Fund raising</td>
<td>248,524</td>
</tr>
<tr>
<td>Management and general</td>
<td>236,801</td>
</tr>
<tr>
<td>Total supporting services</td>
<td>485,325</td>
</tr>
<tr>
<td>Change in net assets</td>
<td>420,918</td>
</tr>
<tr>
<td>Net assets at beginning of year</td>
<td>1,936,686</td>
</tr>
<tr>
<td>Net asset at end of year</td>
<td>2,357,604</td>
</tr>
</tbody>
</table>

Other Income 1%
Special Events 27%
Grants 4%
Contributions 68%
Management 8%
Fundraising 9%
LFHC 70%
TLC 10%
AHC 3%

Please note that these numbers are unaudited and are still subject to change.

Friends Without a Border New York
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email: fwab@fwab.org
website: www.fwab.org
Nicole Pagouris
Executive Director

Dr. Simon Young, OAM MBBS (hons) MPH
FACEM, Executive Director (2018)

Dr. Indi Trehan, MD
Current Executive Director
Medical Director

Dr. Christine Sanderson, MD (2018)
Dr. Rathi Guhadasan, MBBS, MRCPCH, DTMLH MSc, (2019)
Medical Education Director

Matt Evans, RN (2018)
Kate Corrigan (2019)
Director of Nursing
Sarah Cutting, RN (2018)
Nursing Education Director
Kazumi Akao, RN
Clinical Outreach Coordinator
Florent Planche
Director of Administration

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